



Indeboom: Occupational Therapy Consulting for Aging-in-Place

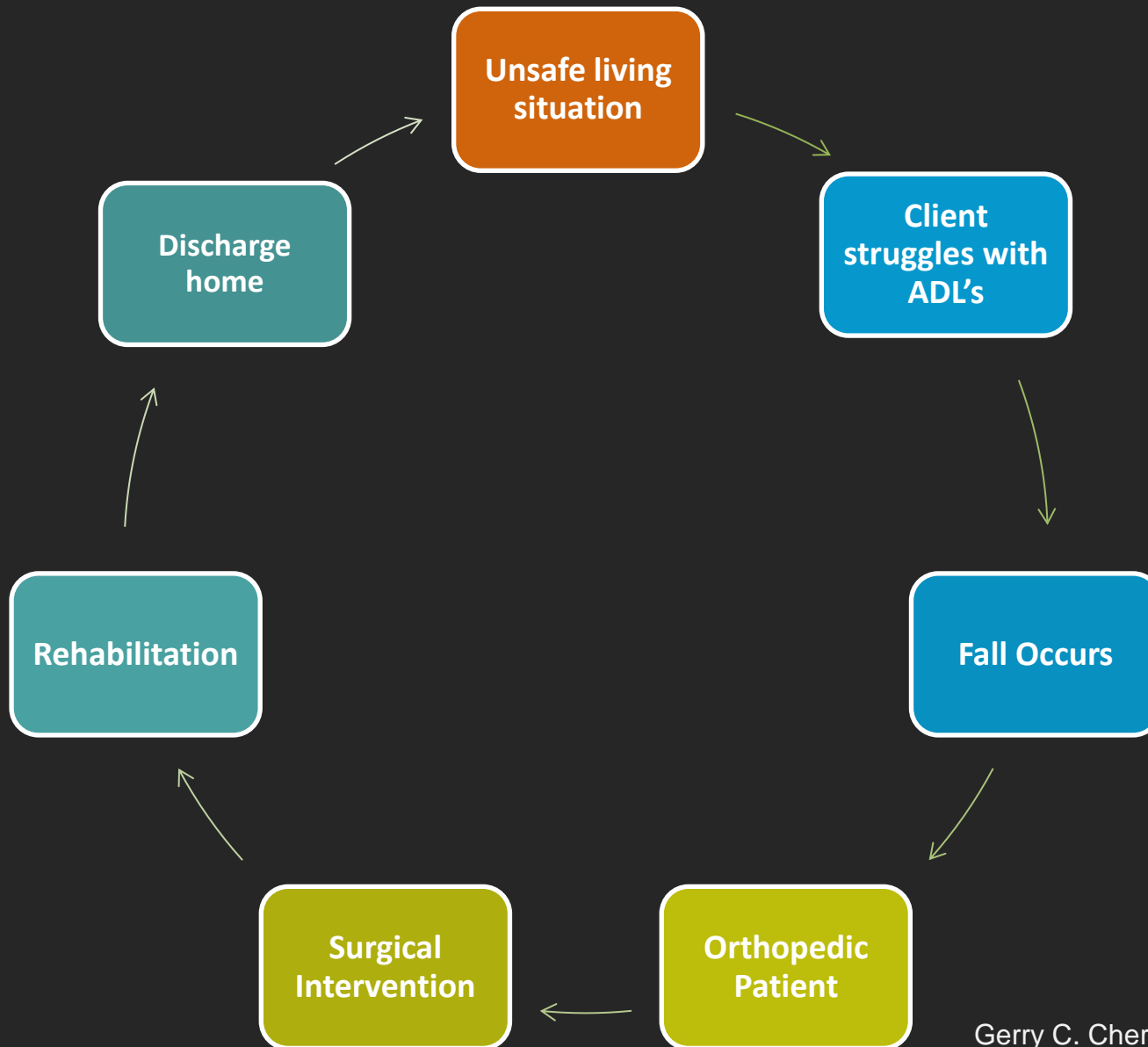
Live for the future.

Create independence at home.

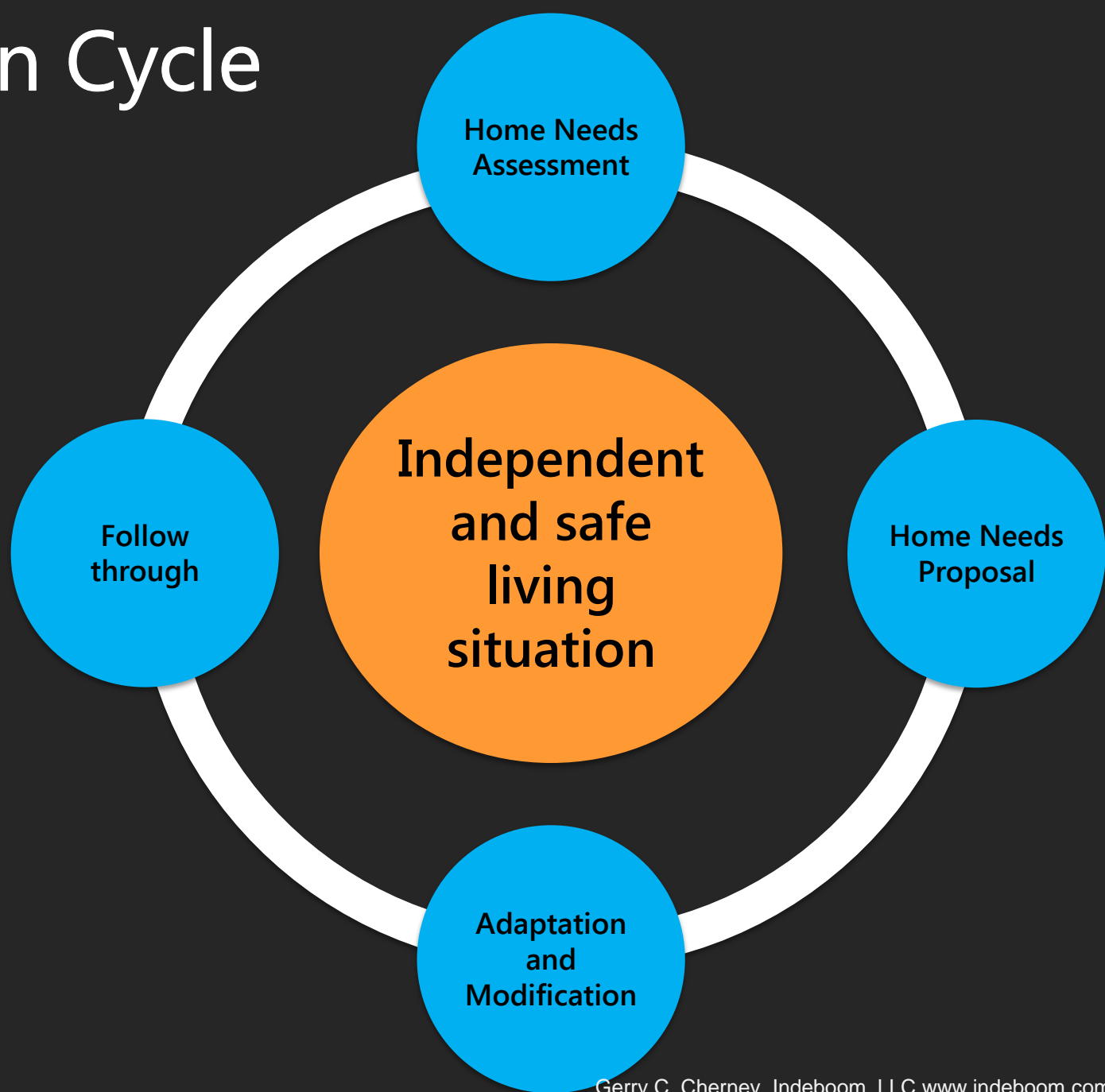
What is Occupational Therapy (OT)?

- The [World Federation of Occupational Therapists](#) defines occupational therapy as a profession concerned with promoting health and well-being through occupation. The primary goal of OT is to enable people to participate in the activities of everyday life. Occupational therapists achieve this outcome by enhancing the individual's ability to participate, by modifying the environment, or by adapting the activity to better support participation.

A Broken Cycle at Home



The Broken Cycle Repaired



Why OT?

OT can help people achieve, continue independence at home through the findings of the home needs assessment conducted by an Experienced Home Health Occupational Therapist.



Assess



Adapt/Modify

Home Living Situation

Home Needs Assessment

Indeboom can utilize any medical diagnosis to assist in creating a plan of care.

Indeboom will assess for any barriers to independence, due to current home design and determine appropriate aging-in-place adjustments.

To help clients plan for the future and ensure that they can remain independent in their homes for as long and safely as possible.

Create an Independence Boom!



Be Proactive

Schedule a home needs assessment BEFORE a health crisis occurs.

Be Engaged

A home needs assessment allows your client to fully consider future needs and wants. It takes great time and planning to age deliberately.....

Obtain Independence

Not all evaluations will result in the need to make major renovations. Even small improvements such as removing thresholds, installing grab-bars in strategic locations can help your clients achieve long term independence in their home.

Contact Information and Qualifications

For more information or to set up an in-home assessment:

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Education and Qualifications

- ◆ Springfield College, Springfield, MA (Masters of Education in Occupational Therapy)
- ◆ University of Southern California's Andrus Gerontology Center (Executive Certificate in Home Modifications – National Resource Center on Supportive Housing and Home Modification)
- ◆ National Association of Home Builders, Washington, DC (Certified Aging-In-Place Specialist)
- ◆ Penn State University (Bachelor of Science in Health Education, Minors in Kinesiology, Gerontology)